



Volume One
Issue Twenty-Eight

Ladies of Grace
Bible Studies for Women

A Woman & Her Walk With God Series

Encouraging Women to Walk With God on the Brighter Side of Life

A Woman & Her Appearance

As of today, we have three more Bible studies left in this series. It has been a very thought provoking and life changing series, and I trust that you have benefited greatly from it.

As we near the end, I want to talk about some of the more obvious aspects of what God wants the world to see in us as we walk with Him in the everyday details of our lives. We have focused a bunch on the ways that God has helped us as we have walked with Him, and today we are going to talk about the way our appearance is used to glorify Him as we seek to be a good representative of Him as we meet others in the midst of our everyday lives.

What is our appearance? It is the way we look to others on the outside. What are some of the things that people notice about us when they look at us?

- ◆ Our facial expressions
- ◆ Our clothing
- ◆ Our personal grooming (hair, nails, teeth, etc.)
- ◆ Our attitude

Why do you think it is important to be concerned about our outward appearance? The Bible teaches us that our outward appearance is important because this is the area that is first noticed and judged by other people. (I Samuel 16:7)

What do you think God wants others to see when they look at us?

WHAT GOD WANTS THE WORLD TO SEE AS THEY LOOK AT US

1. **A King's Daughter that is all glorious within.** (Psalm 45:13) God wants the world around us to see a positive attitude and a radiant spirit when they look at us. How is this demonstrated? By our smile and the twinkle in our eye. How is this developed? Through an attitude of gratitude and interest in others.

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2. **A King's Daughter that is dressed in nice clothing.** (Psalm 45:13) God wants His women to be dressed in nice clothes. Frumpy, worn-out, and stained clothes do not bring honor and glory to His name. Does this mean that we have to dress up all of the time or buy our clothes from expensive shops or department stores? No, it doesn't. But it does mean that we are to dress in a way that looks cheerful and attractive to others.
3. **A woman that is comfortable with her femininity.** (Deuteronomy 22:5) God wants His women to dress like women, and as a matter of fact, the Bible teaches us that it is an abomination to God when women wear clothing that makes them look like a man. What kind of clothing (in our culture) clearly identifies a woman to be a woman? A dress, or a skirt. One way that God wants us, as Christian women, to embrace our femininity is by committing ourselves to the wearing of dresses and skirts.
4. **A woman that exhibits modesty in her femininity.** (I Timothy 2:9; I Peter 3:1-4) What is modesty? It is propriety in dress, speech or conduct, or freedom from conceit or vanity. How does it affect the way we dress as ladies? It is the wisdom and instruction that keeps us from wearing dresses that are too tight, too short, too low, too loud, or too revealing. It is modesty that reminds us that our shapely body parts are to be kept hidden from the eyes of everyone except our husbands. It is also modesty that reminds us to dress in a way that causes others to look at our bodies rather than our face. Modesty also reminds us to keep our facial expressions chaste and pure, not seductive or sultry.

God wants us to be a beautiful example for Him as we represent Him in the everyday activities of our lives. And to do this, we must purpose in our hearts to be keep a smile on our face by keeping our hearts happy through gratitude and concern for others, and our bodies carefully covered clothed in attractive apparel that is both feminine and modest. This doesn't sound like such a difficult task does it? But you know what? Many Christian women seem to struggle greatly in their willingness to please God with their appearance.

What do you think hinders them from wanting to do this?

What hinders **you** from wanting to do this?

What kinds of changes can you make in your wardrobe and attitude to make you a more lovely representative for God?

As I close, I want to encourage you to be the kind of woman that wants to bring glory and honor to God in your appearance. Make a decision today to be the kind of woman that God can count on to remind the world what He has been trying to tell them since the beginning, that "**God created man in his own image, in the image of God created he him: male and female created he them . . . And every thing that he had made . . . It was very good.**" Genesis 1:27;31)