



Ladies of Grace
Bible Studies for Women

A Woman & Her Walk With God Series

Encouraging Women to Walk With God on the Brighter Side of Life

A Woman & Her Time

Today we are going to talk about something that all women that walk with God have in common: TIME. What is time? Time is the measured or measurable period during which an action, process, or condition exists or continues, and it is something that is carried forth in what God has designated as moments, minutes, hours, days and years.

How a Christian woman spends her time is VERY important to God as she walks with Him, and to others around her as they watch her walk with Him. And it is because of this, that we are going to spend the next few weeks talking about what God has to say about time, how God wants us to spend our time, and how others around us are affected by our use of time.

What does God have to say about how we should spend our time? Basically, He has two things to say . . .

HE SAYS THAT WE SHOULD SPEND IT WISELY

Psalm 90:12 says, “*So teach us to number our days, that we may apply our hearts unto wisdom.*” What did God mean when He had Moses pen these words?

- a. He meant that we should understand that life is short and eternity is long. (Psalm 39:4)
- b. He meant for this understanding to motivate us to spend our time being wise and living for eternity (by pleasing God and helping people), rather than living for the here and now (by pleasing ourselves and ignoring the needs of others).

How do we demonstrate to God that we are willing to number our days so that our hearts can be applied unto wisdom? ***By showing Him that we have a godly plan for our lives and an orderly pattern for our days.***

Here are a three things that each of us should establish so that we can be ready to live for eternity in the midst of our everyday lives:

1. A daily schedule
2. A weekly menu
3. A monthly budget

Why are these three things so important? Because they will help to keep us on track and accountable for our actions as we walk with God in the everyday details of our lives.

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HE SAYS THAT WE SHOULD USE IT RIGHTLY

Ephesians 5:15-17 says, “*See then that ye walk circumspectly, not as fools, but as wise, Redeeming the time, because the days are evil. Wherefore be ye not unwise, but understanding what the will of the Lord is.*”

For many years, this was the theme verse for my life. Why did I choose this verse? Because I needed to be reminded that my plans, schedule and budget were supposed to reflect “*doing the will of God,*” rather than just *doing my own will.*

God tells us in these verses that He wants us to “walk circumspectly by redeeming the time.” What does this mean? It means to be wise and make the most of those moments that others might be tempted to waste away. Why does God want us to make a point of doing this? Because He knows that the times in which we live in are evil.

What are some things that we do that could easily allow the evil around us to waste away our time?

1. *Watch TV*
2. *Read secular novels & magazines*
3. *Shop at the mall*
4. *Listen to talk radio*
5. *Spend too much time talking to others (in person or on the telephone)*
6. *Get a job outside of our home*

What can we do to avoid wasting our time on things like this? *Understand what the will of the Lord is for the use of our time.*

Does God have a will for what a woman should do with her time? He sure does, and much of it is found for us in Proverbs 31, Titus 2:3-5, I Timothy 5:9-15, Colossians 4:5-6, and I Peter 2:12.

As we read these verses, we notice that God wants us to:

1. **Do the right things with our time.** What are the right things that God wants us to do with our time?
 - a. love our husbands
 - b. love our children
 - c. be keepers of our homes
 - d. develop our godly character
 - e. help others
 - f. develop our homemaking skills
2. **Say the right things as we spend time with others.** What kinds of things does God want us to say? Things that are kind and bring grace to the hearer.

How we spend our time matters very much to God, and because of this, we are going to spend the next few weeks talking about redeeming our time in our home management, money management, and mouth management. I think you will enjoy these upcoming studies. I know that I am looking forward to them!