

Ladies of Grace  
Bible Studies for Women

*A Woman & Her Walk With God Series*

Encouraging Women to Walk With God on the Brighter Side of Life

A Woman and Her Daily  
Routine & Schedule

Today is going to be a “hands on” Bible Study lesson. We are going to talk about how to make time for the important things in our lives and then put it all down in a workable plan through the use of a routine and schedule. As we begin, I want to remind you that living by a routine and schedule will bring you confidence and peace, and it will bring your loved ones a sense of satisfaction and security

**MAKING TIME FOR GOD AS THE MOST IMPORTANT THING**

The Bible teaches us that loving God with all of our hearts, souls and minds is the most important thing that we can do with our time. As Christian women that walk with God, it is imperative that we understand that God equates love with obedience (John 14:15). So, the best way for us to make time for God as the most important thing in our lives, is to put Him in the CENTER as the starting point for everything that we do in our lives.

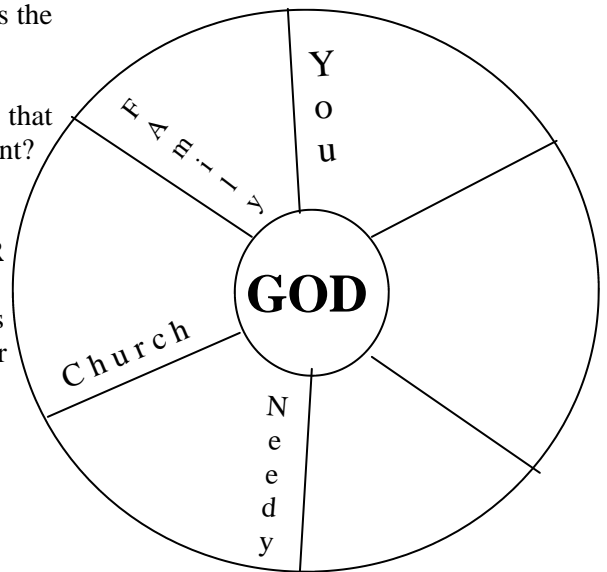
Think of your time as working like a wheel, God is the main hub that holds all the spokes together. What are the spokes going to represent? They are going to represent the other important things in your life . . .

**MAKING TIME TO LOVE YOURSELF AND YOUR NEIGHBORS AS THE SECOND MOST IMPORTANT THING**

1. *Making time for yourself.* Did you know that there are things that God wants EVERY Christian woman to do with her time for her own good? There are, and here are a list of them:

- a. Spend time reading her Bible & Praying
- b. Attending church services & activities
- c. Personal Grooming
- d. Eating properly and regular exercise
- e. Resting & refreshing herself by enjoying nature & beauty
- f. Serving the local church
- g. Sharing the gospel
- h. Grow in your godly character

These are a list of things that God wants you to do for yourself, whether you are single, married, a mother with children at home, a mother with children that have left home, or an aged woman that has become a widow. And each one of these things is just as important as the other thing.



*The Ladies of Grace Bible Studies for Women are written by Mrs. Julie Fink as a ministry of the Grace Baptist Church, 501 N. State St., Lockport, IL 60441, David M. Fink, Pastor.  
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# *A Woman & Her Walk With God Series*

2. ***Make time for your immediate family.*** Have you ever stopped to realize that your closest neighbors are the people that you live with? They are, and because of this, they are the next priority item for your time.
- a. **Husbands First!** In the eyes of God, your husband is your closest neighbor, so he is the one you must make time for next. Let's list some of the things that a husband needs his wife to make time for:
- \* Submission & Yummy Meals
  - \* Submission & A Regularly Clean House
  - \* Submission & Regularly Clean Laundry & Ironed Clothes
  - \* Love & Companionship (when he is home)
  - \* Love & Intimacy (whenever he wants it!)
  - \* Love & Encouragement (when he needs it)
  - \* Submission & Care for his children
- b. **Children Second!** Any woman that has given birth to children will tell you that children are VERY time consuming! And having raised two of my own to maturity, I can also tell you that if you spend your time doing the right things while you have them around, it is time that is very well spent. What are the right things that your children need for you to do for them with your time?
- \* Train them up in the way that God would have them go
  - \* Care for their physical, emotional, social, and spiritual needs
  - \* Prepare them to be productive adult men and women
  - \* Teach them how to obey all authority (quickly & without complaint)
  - \* Teach them how to obey all rules
  - \* Teach them how to love God
  - \* Teach them how to love others
  - \* Teach them to do well and to finish everything they start
  - \* Teach them how to enjoy natural things & to love real life
  - \* Protect them from evil
  - \* Teach them God's Word & truth
  - \* Comfort them when they are hurting
3. ***Make time for serving your church & church family.*** Next to your immediate family, your church family comes next (even before your extended family if they are unsaved). What are some of the kinds of things that you can do for your church & church family?
- \* Make meals for the sick
  - \* Send letters to the troubled
  - \* Help with the nursery, hospitality, ladies ministry, Sunday School, Soul Winning, etc.
  - \* Pray for your Pastor & family missionaries, & members
  - \* Being a good wife, mother and homemaker
4. ***Make time to help the needy.*** The Bible tells us that the poor will always be with us and need to be helped. It is good for us to reach out and help those that can't reward us in any way in return. Who are the poor around you?
- a. Neighborhood children left behind because of divorce or neglect
  - b. Elderly people that have been forgotten by their families
  - c. Handicapped people that are neglected
  - d. Lost people that need Christ

Needy people are NOT lazy people that won't do their work, or busy bodies that don't get anything done because they are never at home to work!

**NEXT WEEK WE WILL TALK ABOUT THE REST OF THE THINGS THAT TAKE UP YOUR "WHEEL OF TIME"!**

*Ladies of Grace Bible Studies for Women*

**THINGS TO INCLUDE IN A  
DAILY & WEEKLY  
ROUTINE FOR ALL WOMEN**

*GET UP*

*PERSONAL GROOMING*

*MAKE BED*

*TIDY HOUSE*

*EAT BREAKFAST*

*EXERCISE*

*READ BIBLE & PRAY*

*LAUNDRY*

*MEALS*

*CLEAN HOUSE OR ROOM*

*GO TO CHURCH*

*READ OR PERSONAL HOBBY*

*PERSONAL CHARACTER GROWTH*

*SOUL WINNING*

*SERVING THE LOCAL CHURCH*

*(This includes taking care of  
your family, if you have one!)*

*TAKING CARE OF OTHERS*

*SLEEP*

**“So teach us to number our days,  
that we may apply our hearts  
unto wisdom”**

**Psalm 90:12**

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**You have time to do everything God  
wants you to do, and time to do little else!**

**THINGS TO INCLUDE IN A  
DAILY & WEEKLY SCHEDULE  
FOR SOME WOMEN**

*LOVE & HELP YOUR HUSBAND*

*RAISE & TRAIN YOUR CHILDREN*

*CARE FOR YOUR PARENTS*

*WORK OUTSIDE OF THE HOME*

*HOME BUSINESS*

*SOCIAL ACTIVITIES WITH  
FRIENDS & FAMILY MEMBERS*

*COMMUNITY ACTIVITIES*

*HELPING THE NEEDY*

*HOMESCHOOLING*

*HOMEMAKING ARTS*

**“See then that ye walk circumspectly,  
not as fools, but as wise, redeeming the time,  
because the days are evil. Wherefore be  
ye not unwise, but understanding what  
the will of the Lord is.”**

**Ephesians 5:15-17**

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**God has a perfect time for everything,  
so when God tells you to do something,  
just do it! Do it quickly, and do it right.  
When God tells you to do something and  
you do most of what God tells you to do, but  
add in just a little bit of your own ideas, then,  
as far as God is concerned, you disobeyed Him.  
Do exactly what God says, no more, no less.**

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**God’s blessing is on his timing.  
You will not be helped by His blessing if  
you don’t do things in His timing. If you  
procrastinate and wait to do what God has  
told you to do, you will miss God being a  
part of it, and everything will become hard.**

# DAILY ROUTINE

MORNING	AFTERNOON	EVENING

# WEEKLY SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY

